



**Inova VIP 360°
Concierge Medicine**

The healthcare experience you deserve.



Inova VIP 360°

Concierge Medicine

Introducing a full-circle physician
experience that puts you at the center.



Invest in your health. Invest in yourself.

You are busy. The demands on your time can make it difficult to manage your health and wellness.

Inova VIP 360° Concierge Medicine is Northern Virginia's premier practice of its kind, offering personalized and coordinated care with 24/7 direct access to a physician. We also provide a comfortable, unhurried atmosphere where your physician has ample time to address all your concerns.

If you want to enjoy exceptional care and extraordinary access, concierge medicine could be the perfect healthcare option for you.

Our five convenient locations provide a private atmosphere with comfortably appointed lounges, easy accessibility and parking.



Inova VIP 360° Concierge Medicine Services

Our program offers direct access to a team of dedicated physicians in Northern Virginia, along with ongoing preventive care and wellness planning that will truly make a difference in your physical well-being and overall quality of life.

Membership in this exclusive program gives you access to:

- **An extensive medical review and physical examination** for individualized wellness planning
- **Same- or next-day appointments**
- **24/7 direct access** to Inova VIP 360° physicians
- **Dedicated case management** including coordinated and expedited services by a personal healthcare advocate
- **Enhanced access** to Inova's breadth of programs and medical specialists

Inova VIP 360° Concierge Medicine enrolls individuals 13 years of age or older for an annual out-of-pocket fee. We bill your insurance company for clinical services provided; rules regarding co-pay and billing apply. Some services may not be covered by all insurance providers.

Many of the services provided by the concierge program are covered by Medicare. For Medicare patients, these services will be billed to Medicare as appropriate, and patients will be responsible for co-pays and deductibles when required by Medicare. No part of the concierge fee paid by Medicare patients can be applied towards Medicare-covered services.

A photograph of a doctor in a white lab coat taking a patient's blood pressure. The patient is an older man with glasses, wearing a light blue shirt and a patterned tie. The doctor is on the right, and the patient is on the left. The background is a blurred clinical setting with some charts on the wall.

Invest in Your Health

At **Inova VIP 360°**, we believe that a physician relationship is a critical component of good health. A complimentary consultation can be scheduled for you to meet one of our physicians. In your consult you will have an opportunity to discuss your goals and concerns, and learn about your physician's medical expertise and philosophy.

Consult with an Inova VIP 360° concierge physician for FREE before you join.

inovavip360.org



Our Promise to You

Peace of mind whenever and wherever you need it.

“With no general practitioner and without a checkup in five years, the head-to-toe examination brought a potentially serious problem to light. My doctor’s expertise, coupled with a real concern for my holistic well-being, enabled me to make pivotal decisions about my health with knowledge and assurance. I felt like my doctor and the staff always had the time for me.”

Phoebe Peterson

“The extensive amount of time we spend with our members allows us to make specific, meaningful healthcare recommendations to each individual.”

Inova VIP 360° Team Member

The Inova VIP 360° Concierge Medicine Experience



Annual VIP 360° Exam

Our team of dedicated professionals is focused entirely on you during your half-day examination.

Here's what you can expect:

- A comprehensive exam that provides a baseline assessment of your overall health status and detailed information to help your physician guide you in methods to optimize your total well-being.
- A review of your medical history and a physical, as well as thorough blood work and testing tailored to your specific needs or concerns.
- A session with a wellness coach to provide individualized exercise recommendations based on your goals, health status and lifestyle needs. Our trainers will also follow up with you via email or phone to ensure you are getting the most from our recommendations.
- Your Inova VIP 360° physician may coordinate additional testing, such as mammography, bone density scanning, colonoscopy and abdominal ultrasound, based on your specific health needs.

Inova VIP 360° Concierge Medicine provides the time and attention you deserve.

[inovavip360.org](https://www.inovavip360.org)



With Inova VIP 360°, The Connection Continues

After your first appointment:

- Your physician provides full interpretation of results in-person or by phone. You always have the option to undergo lab testing in advance so results can be reviewed with your physician during your annual exam.
- A follow-up consultation is offered 3-4 weeks after your initial examination. This appointment provides time for you and your physician to discuss, in the office or by phone, your progress and any concerns or questions you may have regarding your personal health portfolio.
- Our fully integrated medical record system, EpicCare, ensures that all of your medical information is securely stored and accessed only by the members of your health team.
- You have secure, online access to your health information through MyChart®. You can ask questions, request prescription refills, review lab results within 24 to 48 hours and more – online, anytime at [inova.org/mychart](https://www.inova.org/mychart). A MyChart® mobile app is also available.

The Inova VIP 360° Concierge Medicine Experience

A female doctor with dark hair, wearing a white lab coat, is examining a patient's neck. The patient is a woman with short, light-colored hair, wearing a light-colored top. They are in a clinical setting with a whiteboard and a window in the background.

Services Customized for You

Well Woman Services

As an Inova VIP 360° member you'll benefit from a practice that assists you with well woman services. The following services are available in the office or can be coordinated for you by our team:

- Complete physical
- Mammogram
- Thyroid Stimulating Hormone (TSH) test
- Pap test
- Cholesterol screening
- Bone density scan
- Unhurried time with the physician to discuss any concerns



Health and Well-Being

Exercise, nutrition and weight management are integral components of a healthy lifestyle. Your Inova VIP 360° physician will partner with specialists to oversee programs that will help you obtain your wellness goals.

Fitness

Whether you are new to exercise or a seasoned fitness enthusiast, your consultation with our exercise specialist will help you set goals to establish a comprehensive fitness routine or take your current routine to the next level. Our experts will evaluate your fitness goals and assess your body composition using current tools and fitness metrics. After reviewing these results, a fitness program will be designed to help meet your individual fitness goals.

Weight Management Services

Our weight management program is directed by a board-certified internist specializing in obesity medicine. The program is designed to help patients who are overweight or obese and suffering from weight-related diseases such as type 2 diabetes, hypertension and sleep apnea.

Our comprehensive and personalized program incorporates nutrition, physical activity, behavioral changes and medications, if needed. Our team works closely with your Inova VIP 360° physician in helping to decrease medications for weight-related conditions such as high blood pressure, diabetes and high cholesterol.

Inova VIP 360° Locations

Alexandria

1225 Martha Custis Dr., Suite C-1
Alexandria, VA 22302
703.671.2700

Fairfax

8081 Innovation Park Dr., Suite 200
Fairfax, VA 22031
P: 571.472.7000

Fair Oaks

3580 Joseph Siewick Dr., Suite 306
Fairfax, VA 22033
703.391.4520

Lansdowne

1950 Sandridge Way, Suite 200
Leesburg, VA 20176
703.840.7300

Springfield

6355 Walker Ln., Suite 500
Alexandria, VA 22310
703.373.3718

For more information, visit inovavip360.org

Inova VIP 360°

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*Exceptional Healthcare.
Extraordinary Access.*

inovavip360.org